# **Inspire Hope**

# SPRING FLOWERS

### **OBJECTIVES:**

- Bring hope and encouragement to the elderly living in our community
- Spark a conversation with students about how we value the elderly

#### **OVERVIEW:**

- Students make flowers with a short message tied to it.
- Use the complimentary lessons on the following pages at your discretion.

## **INSTRUCTIONS:**

Just like the flowers along a path or in a field, each person is beautiful and has a place in the community. The elderly bring laughter and joy to our lives. Let's remind those living in long-term care homes, with the gift of a handmade flower, that they have a place among us and they are beautiful and loved.

- 1. Materials: scissors, glue, clear tape, paper- scrapbooking paper, wrapping paper, printer paper, muffin liners, coffee filters. Feel free to get creative and use whatever you have!
- 2. Make sure your flower has a stem: paper straw are best, coffee stir sticks also work. Just make sure it's sturdy but not sharp!
- 3. Write a special message on one of the petals or tie on a tag
  - $\circ$  Suggested messages: "You are special and unique  $\sim$  [your name]" "You matter to me  $\sim$  [your name]" "You are loved  $\sim$  [your name]"
- 4. Say Cheese! Take pics of your students with their flowers so we can print and send to the Homes as well as share on social media. Send to info@haltonalive.com or tag @haltonalive
- 5. Important Divide & bundle your finished flowers into groups of 100 or less and LABEL WITH YOUR SCHOOL, TEACHER, GRADE AND NUMBER OF FLOWERS on each bundle.

# DROP-OFF

Check your email for the drop-off locations from Halton Alive or hand in your bag of flowers to the assigned point-person at your school. They will be in touch with us at Halton Alive to get the flowers dropped off.

